"" SDNESDAY, NOV. 10, 1920 ublished Every Wednesday by the WISE PRINTING CUMPANY,

to the inroads made upon the domain by unscrupulous Eastern capitalist and title "proving land grabbers. But the hilbilly has reared children who have taken to education like our early fathers took to wives they bought with hemegrown tobacco. And when a hopeful son goes down to Riemnond town to take a special course in something, he is confronted by remarks such as "Oh, are you from Southwest Virginia?" A sudden movement at la desperado, and there would follow a stampede.

Of course, we still have our monoshiners, our "bad men" and a few other hangovers from an earlier day. But they don't make up the entire population by any manner of means. We have men out here of state and national influence and reputations, who think this country the grandest the sun lingers on. Out from Southwest Virginia into gallows who have this country the grandest the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia into gallows who have the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest Virginia and patients of the sun lingers on. Out from Southwest virginia and patients of the sun lingers on linguistic states of the sun lingers on linguistic states of the sun linguistic states of the sun linguistic states of the sun linguistic s

havegone governors, prominent cators, preachers, doctors of medicine, noted lawyers, en-gineers and a few writers of prowing reputations. The wife of a president once played in the hills of this section. Of course Al Jennings was born here, but he got his training in other states.

Visitors to this section are surprised at the evidences of progressiveness, civic pride and actual civilization noticeable on every hand. With craned necks they look about town for a "bad man" much as one looks about a Western city for an Indian with a tomahawk and a long gear of feathers.

The fact is that there is just as much crime and general law lessness in the cities and other places that boast of law and order as there is in this section, but they don't have a fictioniz ed history of fueds to give it a

ed history of ruces as sensational value.

All this parlor talk about
Southwest Virginians being a lawless, uncivilized lot should be laughed at, just as many other statements made by the

uninformed and ignorant are given the merry ha haw.— Crawford's Weekiy.

The man who takes an inter-est in the welfare of his compeople take an equal interest in him.

## THE BIG STONE GAP POST. Demonstration East Stone Gap

## Work

ing of pretty nearly enough to pay for putting it on.

I shall be glad to furnish de-tailed information about the process of making to any one who desires it. Some persons have reported that the pyrox failed to give entire satisfaction the past year. Make your own bordeaux to use instead and the cost will be less. The material bordeaux to use instead and the cost will be less. The material for 50 gallons of bordeaux including one pound of lead arsenate would be \$1.63. Compare these figures with the costs of commercial lime sulphur and pyrox then decide what you will do.

I wish to correct an error in last week's notes. The First National Bank of Norton donated \$25.00 instead of only \$5,00; Stonega Coke and Coal Company \$25.00 instead of \$20.00. The special features of our Richmond fair exhibit cost \$67.00 instead of "more than \$5.00."

W. S. Goss, County Agent, Wise, Virginia.

### Where to Worship Sunday.

PRESBYTERIAN CHURCH:
Rev James M. Smith, Pastor. Sunday
School at 2,45, W. J. Smith, Superintendent. Preaching at 11:90 by the pastor. Christian Endeavor meeting 7,00
p. m. Everybody is cordially invited to
attend these services.

BAPTIST CHURCH:

Rev. A. I. Shumate, Pastor. Sunday School 9:45, W. T. Goodloe, Superin-tendent. "reaching at 11:90 by the pas-tor. B. Y. P. U. at 6:30. Everylong ser-vice at 7:30. Prayer meeting every wed-nesday night at 7:30. Everylong wel-come. Come out to these services.

M. E. CHURCH, SOUTH:
Rev. C. W. Deau, Pastor. Sunday
School at 10:80, J. S. Hamblen, Superintendent, Preaching at 11:00 by the pastor. Prayer meeting every Wednesday
inght at 7:45. A welcome for you.

Misses Rene Gilly and Idyl Wells went to Stonega Sunday to visit Mr. 1sh Tate, who is in the hospital there.

#### Home Economics Department Adopts Plan Recommended By State Board.

By State Board.

East Radford, Va., Oct. 26.—
Not only will the Radford Normal take advantage of the brane nursing course offered by the State Department of Health, but two ancillary institutions will also be able, through the interest of the normal school, to offer this instruction to their pupils.

Miss M. L. Moffett, head of the home economics department of the Radford Normal, has just written to Mrs Croxton, supervising nurse of the State Board of Health, expressing her appreciation of "the opportunity of cooperating in furthering health work which," she says: "I consider of such great importance to the high school students of the state."

It is understood that the health department will within

It is understood that the health department will, within a week or two, issue a pamphiet giving briefly yet fully an outine of public health nursing and rules for the care of the sick. This simple course has been approved by Hon Harris Hart, superintendent of public instruction, and in the high schools of the state it will rank as a sudy in which credits be given.

given.
Taking advantage of this permission, Miss Moffett will introduce the new course at the justion high school at Belspring and at the New River school. It will also be taught to all the unclassified students at the normal and will be a part of



To the business man, retail or wholesale; to the manufacturer; to the commission man; to the trucking company, the Ford Model T One Ton Truck makes an irresistible appeal because it has in its chassis all the merits of the original Ford car; the wonderful Ford Model T Motor, the dependable Vanadium steel chassis, and the mangazese troops worm-drive. A strongly built truck that serves satisfactorily and lasts in service. If these statements were not true, the demand for Ford Trucks wouldn't be so constantly on the increase. We will be pleased to take your order for one or more Ford Trucks, will see that you get reasonably prompt delivery, and will give you an after service that insures the constant service of the Truck. But don't wait too long. Get your order

MINERAL MOTOR COMPANY 1 ig Stone Gap, Pennington Gap, Norton and Coeburn

the personal hygiene course which all the junior students at the normal are required to

Miss Moffett expresses the hope: "In this way all who graduate from the Radford Normal professional courses will have had the course and should be qualified to offer a part of it in the schools to which they will go as teachers."

### DO YOU CATCH

COLD EASILY?

Your Vitality is Low-Resistance Weak.

YOU NEED PEPTO-MANGAN

Rich, Red Blood Will Streagthen You and Put You on Your Feet-Able to Resist Colds.

our system normally healthy should be catch cold. Your body is adjusted take care of sudden changes in the other.

take care of sudden enangereather. It is when you are run down and your It is when you are run down and your itality is low that your body cannot advant itself. Then you take cold. If you keep your blood in good condition, with plenty of red corpuseles, you all be strong and your body will easily adjust itself to sudden changes. You will throw off the cold germs that go flying into the air when some one with a cold sneeces.

co.

Oded men, women and children

They have plenty of energy

ong with a smile because they

Hey go along with a smile because they feel right.

Try Pepto-Mangan, the successful tonle It is a wenderful blood builder. Take it for awhile till you feel right.

Pepto-Mangan is widely and heartily endorsed by physicians. It is effective and easy to take. It is prepared in both liquid and tablet form, -The medicinal properties are the same.

Sold at any drug store. But be sure you get the genuine Pepto-Mangan—"Gudes." Ask for it by name, and he sure the full name, "Gude's Pepto-Mangan," is on the package—aic.

#### Report of Work Done by Big Black-Draught Is The Best Medi-Stone Gap Public Health Nursing Service for Month of October, 1920

532 school children inspected. 163 notices sent to parents. 70 school children examined y child specialist from Wash-

ington.

10 classes in home hygiene held for women and girls
1 crippled child sent to Richmond for treatment,
29 instructive visits.

widows applied for homes for children.

42 hours bed side nursing of

scarlet fever, 3 educational films shown to school children.

2 lessons in hygiene given by Health Fairy. 2 oyster suppers assisted with.

DR. G. M. PEAVLER, Eye, Ear, Nose and Throat. BRISTOL, TENN. BRISTOL, TENN.
Will be at Appalachia the third
Friday of each month,
msyls-851

NORTON MEN

May and Yeary Sell Mohawk Coal Mining Company and Increase Capital Stock of Sales Agency.

of Sales Agency.

A coal deal of considerable importance was negotiated this week when H. P. May and J. M. Yeary sold the Mohawk Coal Mining Company, operating at Keokee, to Dr. R. W. Holly, Fuller Brothers, M. D. Coltier and H. H. Head, all of Appalachia.

The amount of the sale was \$150,000 00.

May and Yeary have increase ed the paid in capital stock of the Virginia Coal and Coke Agency, of Norton, to \$250,000, which makes this agency one of the leading in the coallields. Mr. May is manager of this office.

They also expect to open a branch office in this field, at a pant as yet not make those results of this office.

Mr. May and Mr. Yeary have been operating the Mohawk and he see operations for about three years, and wonderfut success has attended their efforts in every venture.—Craw ford's Weekly.

## FOR MEADACHE. LIVER TROUBLE

cine This Lady Ever Used. Says It Is Only Medicine She Gives Her Children.

Cherry Village, Ark.—In telling of her experience with Theniord's Hack-Draught, Mra. Lottie Ellis, R. F. D. No. 1, this place, said: "I used Black-Draught as a laxative, also for head-ache, torpid liver and indigestion. It is the best liver medicine I have ever used and is the only medicine I give my children.

"I feel like it has saved me a lot in doctors' bills, for when the children complain of feeling had or have a cold, I just give them a good dose of Black-Draught and they soon get all right. It certainly cleans the liver and clears up the skin and they are soon out, well again. I wouldn't be without it for anything."

Seventy years of successful use has made Thedford's Black-Draught an made

well again. I wouldn't be without it for anything."

Seventy years of successful use has made Thedford's Black-Draught a standard, household remedy. Every member, of every family, needs at times, the benefit that Black-Draught gives in helping to cleans the system and to prevent or relieve the troubles that ceme from constitution, indigestice, and a lazy liver.

To keep well, your atomach, liver and bowels must be in good working order. To help keep thom that way, take occasional doses of Thedford's Black-Draught. Thousands of homes are never without it.

For sale by all draughts.

The genuine has the name, Thedford's, on the latel. Insist on get-ting what you ask for.

## SELL OPERATION Auto Transfer

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life be

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SEE Clint Morrison

for all kinds of Transfer work. He will appreciate your business. Opposite the Mineral Motor Co.

Big Stone Gap, Va.

H. E. FOX

Civil and Mining Engineers Big Stone Gap, Va. Harlan, Ky Reports and estimates on Coal and Tim-ber Lands, Design and Phase of Coal as Coke Plants, Land, Raliroad and Ma Engineering, Electric Blue Printing

#### Dr. J. A. Gilmer

Physician and Surgeon OFFICE Over Margal Drugts Big Stone Gap, Va.

DR. THOMAS F. STALEY Refractionist.

Treats diseases of the Eye, Ear, No. and Throat.

Will be in Appalachia FIRST FRIDAY in each month until 3 P. M. BRISTOL, TENN.-VA.

Dr. G. C. Honeycutt DENTIST

BIG STONE GAP, VA.

# Norton Floral Co.

Cut Flowers Funeral Designs Corsages and Potted Plants NORTON, VA.

## J. B. TUCKER Painting

and House Wiring Box 43 Big Stone Gap. Va.



A. F. & A. M.

Meets second Thursday of each
month at 8 p. m. Masonle Hall.
Visiting brethren welcome.
A. D. Owens, W. M.
J. H. MAYSUN, S. S.